



PROMOTING HARMONY:

Parent and child programs designed to address emotional regulation, social skills, compliance, and parenting competence.

For Parents of Children ages 4-6y

Join the 12-week parenting program with Dr. Erin Olson (www.erinolsonphd.com) while your child participates in a social skills group with Karrin Grutz of Wally's Play Groups (www.wallysplaygroups.com). Dr. Olson and Ms. Grutz each have over 25 years of experience working with families and children with challenging behavior. These groups utilize approaches including the Incredible Years Parents & Children Series, Social Thinking, Zones of Regulation, and other evidence-based programs to support your child and family.

Agenda:

- Building Relationships Through Play
- Academic/Persistence Coaching & Growth Mindset
- Social Competence & Emotion Regulation
- ABC's of Behavior Management & Promoting Compliance
- Positive Behavioral Support Strategies
- Rules, Routines, and Effective Limit Setting
- Dealing with Unexpected Behaviors & Developing Coping Strategies

Program Duration: Mondays Sept 9 -Dec 16, 2019 for 2hr/wk

Program Cost: \$3600* (per family--A savings of over \$1600 compared to individual sessions!)

Contact Us Now to Schedule an Intake Assessment

Required to determine readiness and fit for the program. Cost \$250**

To be eligible for participation, parents or caregivers and their child must commit to attending the entire 12-week program

* payment plans available, please inquire if necessary
**\$250 refunded if parent(s) attend all 12 parent training sessions

**Develop positive
parenting
strategies**

**Promote
successful social
connections**

**Encourage
emotion and self-
regulation**

**Develop school/
learning skills**

**Reduce
challenging
behavior**

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**Mondays Sept-Dec 2019
Time: 2:30-4:30p**